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| **NSE worksheet** | | | **Easy** |
| **Staying Safe Online** | | |  |
| **Strand of NSE |** | Strand 7: Major domains of national security | | |
| **Major field of national security |** | | Cyber Security | |

Watch the video and answer the questions.

[Video](https://youtu.be/JTl211YlFzc?si=TAm8NBnXWB2oA0Vh)



1. Are these statements True (F) or False (F)?

|  |  |  |  |
| --- | --- | --- | --- |
|  |  | True | False |
| i. | We can get onto the Internet using a computer or a mobile phone. | ⭘ | ⭘ |
| ii. | Our phone number is a kind of personal information. | ⭘ | ⭘ |
| iii. | Everyone is kind on the Internet. | ⭘ | ⭘ |

2. We need to use the Internet \_\_\_\_\_\_ .

⭘ A. safely

⭘ B. quickly

3. When someone says something that upsets you on the Internet, we should tell our \_\_\_\_\_\_ .

⭘ A. friends

⭘ B. parents

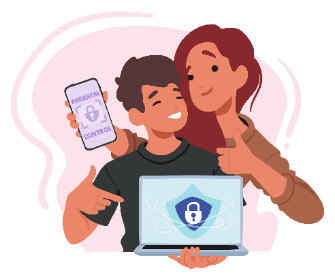
4. What are the dos and don’ts about staying safe online? Read the statements and write the letters (A to C) in the correct boxes.

1. Never share your personal information.
2. Change your password regularly.
3. Say something bad about someone online.

**Don’ts**

**Dos**

|  |  |  |  |
| --- | --- | --- | --- |
| **NSE worksheet** | | | **Intermediate** |
| **Staying Safe Online** | | | Audio |
| **Strand of NSE |** | Strand 7: Major domains of national security | | |
| **Major field of national security |** | | Cyber Security | |

Read the passage and answer the questions.

The Internet is a fun place. We can learn   
new things and watch videos. We can also play games online.

The Internet is fun but we must be careful when we are online. Bad people may try to hurt us. We should never share our personal

information such as our name, address, or phone number with strangers online. We should also change our passwords regularly.

When someone says something bad about us online, we should tell our parents or teachers. We should not be mean to others online.

Remember that just like in the real world, there are also laws and regulations for stopping crimes on the Internet. When we use the Internet, we should follow these rules so everyone can have a good time online!

1. What can we do on the Internet?   
(You can choose more than one answer.)

⭘ A. Learn

⭘ B. Watch videos

⭘ C. Play games

2. Are there bad people on the Internet?

⭘ A. Yes, there are.

⭘ B. No, there aren’t.

3. We should not share \_\_\_\_\_\_ with strangers online.

⭘ A. our favourite colour

⭘ B. our personal information

⭘ C. our favourite games

4. What do we need to change regularly to protect ourselves online?

⭘ A. our passwords

⭘ B. our names

⭘ C. our email addresses

5. When someone says something bad about us online, we should \_\_\_\_\_\_ .

⭘ A. report to the police

⭘ B. say bad things back

⭘ C. tell our parents or teachers

6. There are also rules and regulations to prevent \_\_\_\_\_\_ on the Internet.

⭘ A. bad luck

⭘ B. crimes

⭘ C. users



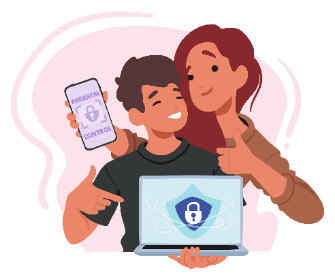
|  |  |
| --- | --- |
| [Link](https://youtu.be/lGINGcaYZaA?si=X2yhpOnmtYgtW1jM) | Video: Online Safety | BrainPOP UK |

**Acknowledgements**

We would like to thank the following organisations and people for permission to use their images:  
Hanna Syvak / stock.adobe.com

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| **NSE worksheet** | | | **Advanced** |
| **Staying Safe Online** | | | Audio |
| **Strand of NSE |** | Strand 7: Major domains of national security | | |
| **Major field of national security |** | | Cyber Security | |

Read the passage and answer the questions.

The Internet is a fun place for us. We can learn, play games, and chat with friends. It is fun to use the Internet, but there are some dangers too. Some people online are not nice and might try to hurt us.

To stay safe online, follow these steps.

Never share your personal information, like your name, address, or school. Do not let strangers online know too much about you. Do not talk to strangers online. Always ask your parents before clicking on links or downloading apps to make sure they are safe.

Also, change your passwords regularly and keep them secret. Be careful about what you write on the Internet. Think before you post something online because once something is online, it is hard to take back. Never say bad things about others on the Internet.

We should know that the same laws and regulations for stopping crimes in real life also apply online. We should follow these rules and be careful not to get involved in any crimes. Always remember to be safe and ask for help if something feels wrong.

1. What can we do on the Internet?

(You can choose more than one answer.)

⭘ A. Learn

⭘ B. Play games

⭘ C. Chat with friends

2. We need to be \_\_\_\_\_\_ when we are online.

⭘ A. fun

⭘ B. careful

⭘ C. careless

3. Are there dangers for us when we use the Internet?

⭘ A. Yes, there are.

⭘ B. No, there aren’t.

⭘ C. Not given in the passage.

4. What should we never share with strangers online?

⭘ A. Our favorite colour

⭘ B. Our personal information

⭘ C. Our favourite games

5. Name one example of personal information.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

6. What should we do with our passwords?

We should \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .

7. There are laws and regulations to stop \_\_\_\_\_\_ on the Internet.

⭘ A. crimes

⭘ B. information

⭘ C. strangers

8. Who should follow rules and regulations on the Internet?

⭘ A. Adults only

⭘ B. Bad people

⭘ C. Everyone



|  |  |
| --- | --- |
| [Link](https://youtu.be/lGINGcaYZaA?si=X2yhpOnmtYgtW1jM) | Video: Online Safety | BrainPOP UK |

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**NSE worksheet  
Staying Safe Online**

**ANSWERS**

**Easy**

1. (i) T, (ii) T, (iii) F 2. A 3. B 4. Dos: A, B Don’ts: C

**Intermediate**

1. A, B, C 2. A 3. B 4. A 5. C 6. B

**Advanced**

1. A, B, C 2. B 3. A 4. B 5. (Any one of these) name, address, school   
6. change them regularly 7. A 8. C